

#### WEST BENGAL STATE UNIVERSITY

B.Sc. Honours PART-II Examinations, 2018

### FOOD AND NUTRITION-HONOURS

## PAPER-FNTA-III

Time Allotted: 4 Hours Full Marks: 100

The figures in the margin indicate full marks.

Candidates should answer in their own words and adhere to the word limit as practicable.

All symbols are of usual significance.

#### UNIT-I

#### **COMMUNITY NUTRITION**

[Marks: 50]

1. Answer any *five* questions from the following:

 $2 \times 5 = 10$ 

- (a) Distinguish between rural and urban communities.
- (b) Mention the objectives of Nutritional status assessment.
- (c) What is "Road-to-Health Card"?
- (d) What is Quetelet Index?
- (e) What is "Triple-A-Cycle"?
- (f) Who are "at risk group"?
- (g) Write the full from of CARE, UNICEF, FAO, CSWB.
- (h) Write the specific objectives of ANP.
- 2. Write short notes on any *four* of the following:

 $4 \times 4 = 16$ 

- (a) Different methods of Nutrition Education.
- (b) IDD control programme.
- (c) Importance of anthropometry for the assessment of nutritional status.
- (d) Poverty and Malnutrition.
- (e) WHO and their activities.
- (f) Food security.
- (g) International Red Cross.
- (h) Signs and symptoms of marasmus and kwashiorkor.

3.		Ans	wer any <i>two</i> questions from the following:	$12 \times 2 = 24$
	(a)	(i)	What is Endemic Goitre?	2
		(ii)	Briefly discuss about "Goitrogens".	4
		(iii)	Mention the disorders caused by vitamin 'A' deficiency. State the programmes to prevent it, as taken by Govt. of India.	3+3
	(b)	(i)	Discuss the epidemiological factors involved with anaemia.	4
		(ii)	What is PEM? Discuss how this can be prevented in rural and urban area?	4
		(iii)	Discuss the impact of malnutrition on national development.	4
	(c)	(i)	What are the components of Nutritional monitoring?	3
		(ii)	How do you assess the nutritional status of an adolescent girl by diet survey?	5
		(iii)	Write the objectives and limitations of supplementary feeding programme.	4
	(d)	(i)	What is GOBI project?	2
		(ii)	Discuss the role of UNICEF in community health and Nutrition development.	5
		(iii)	Discuss the role of AVA in Nutrition Education.	5
			Unit-II	
			PUBLIC HEALTH AND EPIDEMIOLOGY	
			[Marks: 50]	
4.		Ans	wer any <i>five</i> questions from the following:	$2 \times 5 = 10$
	<ul><li>(a) Mention the causes of Maternal mortality.</li><li>(b) What do you mean by prenatal period?</li><li>(c) Name the organisms responsible for (i) Amoebiasis (ii) Chicken pox.</li></ul>			
	(d) Mention the causes of typhoid fever.			
	(e)	Wri	te the complications of Measles.	
	(f)	Con	npare between "Endemic" and "Epidemic".	
	(g)	Wha	at is Incubation Period with respect to AIDS?	
	(h)	Wha	at do you mean by safe drinking water?	

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(a) MMR and its Vaccine.

Write short notes on any *four* of the following:

5.

	(b)	Cau	se and prevention of poliomyelitis.	
	(c)	Den	gue.	
	(d)	Dise	eases caused by water pollution.	
	(e)	Epic	lemiological triad.	
	(f)	Sew	age treatment.	
	(g)	Hea	Ith advice to foreign travelers.	
	(h)	Stap	hylococcal food poisoning.	
6.		Ans	wer any <i>two</i> questions from the following:	$12 \times 2 = 24$
	(a)	(i)	Write the objectives of epidemiological study.	4
		(ii)	Write the methods of Refuse disposal.	6
		(iii)	How many types of sanitary Latrines are used?	2
	(b)	(i)	Briefly discuss about purification of water in large scale as well as in small scale.	4+4
		(ii)	Discuss about drinking water handling.	4
	(c)	(i)	State the principle and advantages of Immunization.	4
		(ii)	Write the National Immunization schedule by mentioning its importance. What is booster dose?	4+1
		(iii)	Mention some important Immunization for adults and foreign travelers.	3
	(d)	(i)	Define health. Mention the different dimension of health.	2+2
		(ii)	Give an idea about child and infant mortality rate in our country by mentioning the causes.	4
		(iii)	Briefly state the epidemiology of beriberi and hyperlipidaemia.	2+2

 $4 \times 4 = 16$ 

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# WEST BENGAL STATE UNIVERSITY

B.Sc. Honours PART-II Examinations, 2018

# FOOD AND NUTRITION-HONOURS

# PAPER-FNTA-IV-A

Time Allotted: 2 Hours Full Marks: 50

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#### UNIT-I

		CMI-I		
1.		Briefly answer any <i>five</i> questions from the following:	$2 \times 5 = 10$	
	(a)	What do you mean by decortication of pulse?		
	(b)	What is an anti-caking agent? Give examples.		
	(c)	Write the full form of FPO and MPO.		
	(d)	Distinguish between jam and jelly.		
	(e)	What is egg bloom?		
	(f)	What is a tea flush?		
	(g)	Name two fermented products of rice.		
	(h)	What is Gluten formation?		
	(i)	What is Fabism?		
2.		Write short notes on any <i>four</i> of the following:	4×4 = 16	
	(a)	Whey protein		
	(b)	Parboiling of rice		
	(c)	Rancidity of fat		
	(d)	I) Preservatives		
	(e)	Emulsifier		
(f)		Herbs		
	(g)	Processing of tea.		
3.		Answer any <i>two</i> questions from the following:	$12 \times 2 = 24$	
	(a)	(i) Discuss the chemical changes that occur during ripening of fruits.	2	
		(ii) What is marmalade?	2	
		(iii) Write the nutritional significance of cottage cheese.	2	
		(iv) Explain the role of pectin and gelatin in food processing.	3+3	

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(b)	(i)	What is Agar-agar?	2
	(ii)	Describe the effect of dry and moist heat on starch.	4
	(iii)	Write down the types of pasteurization performed in food industry, by mentioning its significance.	3
	(iv)	Define and classify beverages.	1+2
(c)	(i)	Write the selection procedure of fish.	2
	(ii)	What do you mean by curing of meat?	2
	(iii)	What is the utility of smoking of meat?	2
	(iv)	What are the reasons behind the food adulteration?	2
	(v)	Discuss the changes occurring during roasting of coffee beans.	4
(d)	(i)	Discuss the role of breakfast-cereals in everyday diet.	3
	(ii)	What do you mean by the leavening agent? State the various types of leavening agents with appropriate examples.	1+3
	(iii)	Write a brief note on convenient foods.	3
	(iv)	Discuss the effect of cooking on pigments present in vegetables.	2