



**WEST BENGAL STATE UNIVERSITY**

B.Sc. Honours 4th Semester Examination, 2022

**FNTACOR08T-FOOD AND NUTRITION (CC8)**

Time Allotted: 2 Hours

Full Marks: 40

*The figures in the margin indicate full marks.*

*Candidates should answer in their own words and adhere to the word limit as practicable.*

**Answer any four questions from the following**

10×4 = 40

1. What is meant by community health? List the factors that may affect health of a community. What are the basic characteristics of a community? Differentiate between urban and rural community. 2+3+3+2
2. What are 'Nutrition Surveillance' and 'Nutrition Monitoring'? Write in short about the need, objectives and importance of nutritional surveillance. 4+6
3. Define Nutritional Status. What is the significance of nutritional assessment? Discuss various methods for assessing the nutritional status of preschool children. 2+3+5
4. Discuss the importance of diet survey. Describe the questionnaire method and weighing method of diet survey. "Diet Survey may not give the accurate value in knowing the nutritional status". Give reasons. 2+(3+3)+2
5. What do you mean by "Triple-A" cycle? Discuss adult consumption unit. What are the limitations of biochemical assessment methods? 3+5+2
6. Discuss the signs and symptoms of vitamin A deficiency (VAD). Describe the WHO classification of xerophthalmia. How VAD can be prevented? 4+3+3
7. What is goitre belt? Classify iodine deficiency disorders. Discuss NIDDCP. 3+3+4
8. What are the importance of clinical signs in identifying undernutrition? Distinguish between kwashiorkor and marasmus. Write on the limitations of clinical assessment method for measuring nutritional status. 2+6+2
9. Write short notes on any *two* of the following: 5×2 = 10
  - (a) Duplicate sample method
  - (b) RDA
  - (c) ABCD method
  - (d) Microcytic anemia and megaloblastic anemia.

**N.B. :** *Students have to complete submission of their Answer Scripts through E-mail / Whatsapp to their own respective colleges on the same day / date of examination within 1 hour after end of exam. University / College authorities will not be held responsible for wrong submission (at in proper address). Students are strongly advised not to submit multiple copies of the same answer script.*

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