



Barrackpore Rastraguru Surendranath College

Teaching Plan

Department of Psychology

2022-23

NAME OF THE PROGRAMME

PSYCHOLOGY UNDERGRADUATE SYLLABUS – UNDER CBCS CURRICULUM

PROGRAMME OUTCOME

The Bachelor's degree in Psychology will prepare the students with knowledge in **General Psychology, Statistical methods for Psychological research, Biopsychology, Psychology of Individual Differences, Development of Psychological Thought, Social Psychology, understanding and dealing with psychological disorders, Developmental Psychology, Organizational behavior, Cross – cultural and Counselling Psychology.**

More specifically students will develop:

1. **Application of knowledge with critical thinking skills**: Students should be able to use critical thinking to evaluate and interpret evidence, and to apply psychological concepts, theories, and research findings to individual, social, and cultural issues.
2. **Application of research methods with ethical understanding**: Students should be able to apply basic research methods in psychology, with sensitivity to ethical principles.
3. **Cultural competence**: Students will recognize, understand and respect the complexity of sociocultural and international diversity.
4. **Career planning and development**: Students will develop realistic ideas about how to implement their psychological knowledge, skills and values in occupation in a variety of settings.

Notes:

You can merge cells in between and add students' seminars and class tests / internal assessment.

For incorporating PO / CO at UG level, you may refer to your WBSU CBCS syllabus.

If not there you can refer to the UGC model syllabus

https://www.ugc.ac.in/ugc_notices.aspx?id=MTA3Nw==

Semester		I			
Course Title	INTRODUCTION TO PSYCHOLOGY				
Course Code	PSYACOR01T	Credit	04		
Course Outcome	Students would have understanding to the basic concepts of the Psychology with an emphasis on applications of psychological concepts in everyday life.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	What is Psychology? Perspectives on behavior; Methods of Psychology (special emphasis on subfields of Psychology; experimentation); Psychology in current India and current status.			04	

II	(a) Perception: Sensory and perceptual processing, Psychological concepts and methods. (b) Thinking and Language: Decision making and problem solving	12
III	Learning and Motivation: Principles and applications of classical conditioning, operant conditioning and observational learning; Learning strategies; Learning in a digital world; Self – regulated learning; Perspectives on motivation, types of motivation, motivational conflicts.	14
IV	(a) Memory: Models of memory; Levels of processing, parallel distributed processing model and Information processing, Forgetting, Improving memory. (b) Emotions: Gender culture and emotion	06

Semester		I	
Course Title	INTRODUCTION TO PSYCHOLOGY (PRACTICAL)		
Course Code	PSYACOR01P	Credit	02

Course Outcome	Application of basic concepts of Psychology in everyday life.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Determination of the effect of suggestion on rate of perceptual reversibility by using standardized figure ground card.			24	
II	Determination of effect of spacing on memorization capacity.			24	

Semester		I	
Course Title	BIOPSYCHOLOGY		
Course Code	PSYACOR02T	Credit	04
Course Outcome	Understanding of biological basis of experience and behavior and the influence of behavior, cognition and		

	environment on bodily system.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Introduction to Biopsychology: Nature and scope; Methods and ethics in Biopsychology; Divisions of Biopsychology.			04	
II	The Structure and function of Neuron: Structure and functions of neuron; Neural conduction and synaptic transmission.			08	
III	Organization of nervous systems: CNS & PNS: Structure and functions. Functional abnormalities of neurotransmitters; dopamine and serotonin hypothesis. Neuroplasticity of Brain (neural degeneration, neural regeneration and neural reorganization), hemispheric specialization.			16	

IV	Endocrine system: Structure, functions and abnormalities of major glands; Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal.	08
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Semester		I			
Course Title	BIOPSYCHOLOGY (PRACTICAL)				
Course Code	PSYACOR02P	Credit	02		
Course Outcome	Understanding the relationship between physiological and psychological functioning of the body.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Determination of effect of task performing attentive state on pneumographic record of			24	

	the subject.	
II	Determination of muscular reaction time by varying fore period.	24

Semester		II			
Course Title	PSYCHOLOGY OF INDIVIDUAL DIFFERENCES				
Course Code	PSYACOR03T	Credit	04		
Course Outcome	Understanding of the concept of individual differences with the goal to promote self-reflection and others.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Personality: Nature of personality; Biological foundations of personality;			10	

	<p>Culture, gender and personality; Perspectives on personality: Psychodynamic (Freud: Topographical theory, Structural theory, Psychosexual stages; Jung's theory), Phenomenological- humanistic (Maslow and Rogers'), Trait and type (Jung's Typology and Eysenck's theory).</p>	
II	<p>Intelligence: Concept of intelligence: Psychometric (Spearman, Thurstone, Guilford, Group factor theory) and cognitive (Cattell, Sternberg, Gardner) approaches to intelligence; Emotional Intelligence (Goleman, Salovey – Mayer), Heredity, environment and intelligence; Extremes of intelligence (Mental retardation and Giftedness).</p>	16
III	<p>Indian approach: Self and identity in Indian thought (Nyaya, Vedanta, components of Identity, concept of Triguna from Sankhya perspective).</p>	04
IV	<p>Enhancing individual's potential: Motivation: Intrinsic motivation and Self-determination theory (Ryan and Deci); Enhancing cognitive potential, Self-regulation; Fostering creativity.</p>	06

Semester		II			
Course Title	PRACTICAL				
Course Code	PSYACOR03P	Credit	02		
Course Outcome	Students will able to identify individual differences with the usage of appropriate psychological test.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Two psychological tests (one based on intelligence and one based on personality)			24	
	(i) WAPIS			24	
	(ii) NEO – 5/ EPQ			24	

Semester		II	
Course Title	STATISTICAL METHODS FOR PSYCHOLOGICAL		

	RESESARCH – I				
Course Code	PSYACOR04T	Credit	04		
Course Outcome	Students will familiarize with the psychological research and basics of statistical methods and tools used in descriptive statistics of quantitative research.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Introduction: Psychological Research & Statistics; Descriptive and Inferential Statistics; Variables and Constants; Measurement Scales.			04	
II	Measures of Central Tendency: The Mode; the Median; the Mean; Properties and Relative Advantages and Disadvantages of the Mode, the Median and the Mean.			08	

III	Measures of Variability and Standard (z) scores: The Range; The Semi-Interquartile Range; The Average Deviation; The Variance; The Standard Deviation; Calculation of Standard Deviation from Grouped Scores and Raw Scores; Properties and Comparison of Measures of Variability.	14
IV	Correlation: A matter of direction, degree, factors affecting r, Product moment, Rank difference, Biserial, Point Biserial, Phi, Tetrachoric and Contingency.	10

Semester		II			
Course Title	PRACTICAL				
Course Code	PSYACOR04P	Credit	02		
Course Outcome	Application of statistical method in psychological research.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration				

Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Graphic Representation of Data: Basic procedures; The Histogram; The Frequency Polygon (including Smoothed Frequency polygon); The Bar Diagram; The Pie Chart; The Cumulative Frequency Graph; Factors Affecting the Shape of Graphs.			24	
II	The Normal Distribution: The Nature and Properties of the Normal Probability Distribution; Standard Scores (z-score) and the Normal Curve; The Standard Normal Curve: Finding areas when the score is known; The Standard Normal Curve: Finding scores when the area is known; The Normal Curve as a Model for Real Variables; The Normal Curve as a Model for Sampling Distributions; Divergence from Normality (Skewness and Kurtosis): Concept and Calculation.			24	
Semester				III	

Course Title	PSYCHOLOGICAL RESEARCH				
Course Code	PSYACOR05T	Credit	04		
Course Outcome	Students will be familiar with the process and methods of quantitative and qualitative psychological research traditions.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	(i) Basics of Research in Psychology What is Psychological Research? The Goals of Psychological Research; Principles of Good Research; Ethics in Psychological Research. (ii) Research Traditions Quantitative and Qualitative Orientations towards Research and their Steps; Comparing			04	

	Qualitative and Quantitative Research Traditions; Formulating a Research Problem and Hypothesis.	06
II	(i) Experimental Method Introduction to Experimental and Quasi-experimental Methods. (ii) Methods of Data Collection Sampling; Probability Sampling Methods and Non Probability Sampling Methods.	10
III	Non Experimental Methods (I): Case Study; Observation; Surveys, Focus Group Discussion, Interviews.	06
IV	Non Experimental Methods (II): Psychological Testing: Standardization; Reliability, Validity and Norms of a Psychological Test; applications.	10

Semester		III
Course Title	PSYCHOLOGICAL RESEARCH (PRACTICAL)	

Course Code	PSYACOR05P	Credit	02
Course Outcome	Application of qualitative and quantitative research methods in everyday life.		
Scheme of Instruction			
Total Duration	6 Months	Class/Week	08
		Hours/week	08
Instruction Mode	Classroom lecture and demonstration		
Scheme of Examination			
Maximum Score	25	Internal	15
		End Semester	10
Course Mapping			
Units	Course Content	Lecture Hour (Cumulative)	
I	Experiment / Psychological testing: One experiment based on group data analysis OR One psychological test based on group data analysis	24	
II	Qualitative research method: DAP (Draw a person test)	24	
Semester		III	

Course Title	DEVELOPMENT OF PSYCHOLOGICAL THOUGHT				
Course Code	PSYACOR06T	Credit	04		
Course Outcome	Students will be aware of the development of the discipline both from the Indian as well as western perspective.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Understanding Psyche: Debates and Issues (a)Free will and determinism (b)Empiricism and rationality (c)Issues of Consciousness and Mind Body Relationship			08	
II	Positivist Orientation: The journey from Behaviourism to cognition, Key contributions of Watson, Skinner, Ellis,			10	

	Beck, Cognitive Revolutions.	
III	Psychoanalytic and Humanistic – Existential Orientation: Freud (Basic concepts of Dream theory, and Defense mechanism), Adler, Erickson, Humanistic – Existential (Rollo May and Viktor Frankl).	12
IV	Contemporary Developments: Basic concept of Feminism and social constructionism.	06

Semester		III			
Course Title	DEVELOPMENT OF PSYCHOLOGICAL THOUGHT (PRACTICAL)				
Course Code	PSYACOR06P	Credit	02		
Course Outcome	Application of psychological test in identifying individual differences.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration				

Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Defense Style Questionnaire (DSQ)/ Defense Mechanism Inventory (DMI)			24	
II	Beck Depression Inventory (BDI-II)			24	

Semester		III			
Course Title	SOCIAL PSYCHOLOGY				
Course Code	PSYACOR07T	Credit	04		
Course Outcome	Students will develop an understanding of the nuances of the social world as well as different perspectives on relations between individual and society. They will be able to understand how individuals think, feel and behave in social situations.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06

Instruction Mode	Classroom lectures and power point presentation				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Psychology of the Social: The meaning of ‘social’; Key assumptions and approaches to social psychology; Overview of the history of social psychology (including India); Relationship with sociology and anthropology; Areas of application: Health, Law, Workplace.			08	
II	Understanding and evaluating the social world: Self and its processes: Self-concept, Self-esteem, and self-presentation; Social identity and its functions. Social Cognition, Social perception, Attitudes: Concept, Theories, and Change.			10	
III	Social interaction and Influence: Interpersonal attraction, Pro-Social Behaviour, Aggression, Social influence.			10	
IV	Group Dynamics and inter-group relations: Nature of groups, Group influence on –			08	

	performance and decision making. Nature of intergroup relations-prejudice, inter-group conflict, Intervention techniques.	
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Semester		III			
Course Title	SOCIAL PSYCHOLOGY (PRACTICAL)				
Course Code	PSYACOR07P	Credit	02		
Course Outcome	Application of Social Psychology concepts to understand behavior.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	To construct an attitude scale following Likert method and administer the scale to determine the attitude of an adult individual towards any selected topic.			24	

II	To determine prejudice towards any group by using Bogardus Social Distance Scale (modified by Goode and Hatt).	24

Semester		III			
Course Title	Stress Management				
Course Code	PSYSSEC01M	Credit	02		
Course Outcome	Students will learn how they can make adjustments and manage to cope with stress more effectively.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	02	Hours/week	02
Instruction Mode	Classroom lectures, power point presentation and seminars				
Scheme of Examination					
Maximum Score	25	Internal	25	End Semester	00
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Stress: Introduction, Nature, symptoms, sources of stress: environmental, social, physiological and psychological.			04	

II	Stress and health: effects of stress on health, eustress.	04
III	Managing stress-I: Methods - yoga, meditation, relaxation techniques.	02
IV	Managing stress-II: Problem focused and emotion focused approaches.	02

Semester		IV			
Course Title	STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-II				
Course Code	PSYACOR08T	Credit	04		
Course Outcome	To educate students with the techniques of inferential statistics and hypothesis testing.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation				
Scheme of Examination					

Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Inferential Statistics: Concepts and Computation of t and z psychological.			12	
II	Analysis of variance: concept, assumptions and computation of one-way ANOVA			12	
III	Non parametric statistical tests: Chi square and Mann-Whitney U test, Wilcoxon sign test, Wilcoxon rank test			12	

Semester			IV		
Course Title	STATISTICAL METHODS FOR PSYCHOLOGICAL RESEARCH-II (PRACTICAL)				
Course Code	PSYACOR08P	Credit	02		
Course Outcome	Students will learn the techniques of inferential statistics and hypothesis testing.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08

Instruction Mode	Classroom lectures and demonstration				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Computations of Mean, SD, Product moment coefficient of correlation, Rank order correlation through SPSS software			24	
II	Computation of t test through SPSS software.			24	

Semester		IV	
Course Title	DEVELOPMENTAL PSYCHOLOGY		
Course Code	PSYACOR09T	Credit	04
Course Outcome	Students will understand of the concept and process of human development across the life span, to impart an understanding of the various domains of human development and to inculcate sensitivity to socio-cultural context of human development.		

Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Introduction a) Concepts and principles of Human Development b) Role of Family, peers, schools, media and culture, Nature and Nurture with Special reference to cultures			08	
II	Domains of Human Development I a) Prenatal development b) Physical development c) Cognitive development d) Language development			10	
III	Domains of Human Development II a) Emotional development b) Moral development			12	

	c) Social development	
IV	Socio-Cultural Contexts for Human Development a) Family b) Peers, Media & Schooling c) Human Development in the Indian context	06

Semester		IV			
Course Title	DEVELOPMENTAL PSYCHOLOGY (PRACTICAL)				
Course Code	PSYACOR09P	Credit	02		
Course Outcome	Application of the concept and process of human development across the life span.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					

Units	Course Content	Lecture Hour (Cumulative)
I	To determine the attachment styles of an adult individual by using Attachment Style Questionnaire by Ainsworth.	24
II	To determine the gender role identity of an adult individual by using Indian Gender Role Identity Scale by J. Basu	24

Semester		IV			
Course Title	APPLIED SOCIAL PSYCHOLOGY				
Course Code	PSYACOR10T	Credit	04		
Course Outcome	Students will understand social problems and gain knowledge about intervention strategies.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40

Course Mapping		
Units	Course Content	Lecture Hour (Cumulative)
I	Introduction: Nature of applied Social Psychology, Social influences on behaviour, Levels of analysis, Methodological approaches – Participatory Action and Learning research techniques.	10
II	Applying Social Psychology-I: Environment, population, diversity.	08
III	Applying Social Psychology-II: work, health, legal system.	08
IV	Intervention and Evaluation Impact analysis; Process of intervention; need forevaluation for effective programme. Case studies in Indian context.	10

Semester		IV	
Course Title	APPLIED SOCIAL PSYCHOLOGY (PRACTICAL)		
Course Code	PSYACOR10P	Credit	02
Course Outcome	Intervention of social problems.		

Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	To determine the effect of group influence on problem solving ability of your subjects (withanagrams)			24	
II	To determine the group cohesiveness of a small group.			24	

Semester			IV		
Course Title	EFFECTIVE DECISION MAKING				
Course Code	PSYSSEC02M		Credit	02	
Course Outcome	Students will learn various strategies which will enable them				

	to make effective decisions in life.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	02	Hours/week	02
Instruction Mode	Theory, power point presentation and seminars				
Scheme of Examination					
Maximum Score	25	Internal	25	End Semester	00
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Introduction: What is decision making? Importance of making good decisions.			02	
II	Decisions regarding career: Discovering self and creating a healthy acceptance of self; Learning to connect with self with vocational choices/career.			04	
III	Decision making in interpersonal context: Learning about conflict management in interpersonal relations; negotiation in interpersonal conflict, handling difficult people and finding solutions.			04	

IV	Decision making at the workplace: developing competencies and skills required for effective decision making.	02
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Semester		V			
Course Title	UNDERSTANDING PSYCHOLOGICAL DISORDERS				
Course Code	PSYACOR11T	Credit	04		
Course Outcome	Students will get an overview about the concept of abnormality and the clinical picture and dynamics of various psychological disorders.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and power point presentation.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	

I	Understanding Psychopathology: Definition and Criteria, Classification (DSM V & ICD 11), Signs and Symptoms. [DSM to primarily follow and overview and broad classification of ICD to be given]	08
II	Anxiety Disorders and Obsessive Compulsive and Related Disorders: Clinical Picture and Aetiology.	10
III	Somatic Symptoms and Related Disorders: Clinical Picture and Aetiology.	08
IV	Substance Related and Addictive Disorders Alcohol abuse and Drug Abuse: Clinical Picture and Aetiology	10

Semester		V	
Course Title	UNDERSTANDING PSYCHOLOGICAL DISORDERS (PRACTICAL)		
Course Code	PSYACOR11P	Credit	02
Course Outcome	Students will be able to identify a psychopathological behavior.		

Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	To administer and interpret Medico Psychological Questionnaire.			24	
II	To administer and interpret Perceived Stress Scale.			24	

Semester		V	
Course Title	ORGANIZATIONAL BEHAVIOUR		
Course Code	PSYACOR12T	Credit	04
Course Outcome	Students will develop the concepts related to organizational behavior as well as develop connectivity between concepts and practices of organizations.		

Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Industrial and Organizational Psychology: Historical Background of Industrial Psychology in India, Defining Organizational Behaviour (OB), OB Model, the Organizational Structure, Common Organizational Designs, New Design Options.			08	
II	Individual Attitudes; Job Satisfaction; Work Motivation Organizational Commitment, Organizational Citizenship Behaviour, POB Work Motivation Theories- Content Theories (Herzberg and Alderfer), Process Theories (Vroom and Adams).			10	
III	Human Resource Practices Job Analysis: Recruitment and Selection- Principles and Techniques; Psychological Testing and Interview Performance Appraisal- Relevance of Performance Appraisal, Performance			10	

	Appraisal Methods (Graphic Rating Scales, Employee Comparison Method, Behaviour Checklists and Scales), Error and Biases, Feedback of performance appraisal information to employees.	
IV	Training: Concept and Model (Organization Level, Process Level, and Individual Level), Steps in establishing a Training Programme, Methods and Techniques of Training, Evaluation of Training (Formative and Summative).	08

Semester		V			
Course Title	ORGANIZATIONAL BEHAVIOUR (PRACTICAL)				
Course Code	PSYACOR12P	Credit	02		
Course Outcome	Students will be able to apply various concepts of organizational behavior in practice.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					

Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	To assess organizational commitment by using Organizational Commitment Questionnaire developed by Allen & Meyer			24	
II	To assess work life balance by using a suitable psychological test.			24	

Semester			V		
Course Title	CLINICAL PSYCHOLOGY				
Course Code	PSYADSE01T	Credit	04		
Course Outcome	Students will understand basic concepts of the growing approach of Positive Psychology in various domains of life.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					

Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Models of Psychopathology Psychodynamic, Cognitive-behavioural and Stress-diathesis models of psychopathology.			08	
II	Personality Disorders Overview of Personality Disorders and Clusters.			10	
III	Schizophrenia Spectrum Disorders Clinical Picture and Aetiology of the disorders under Schizophrenia spectrum disorder.			10	
IV	Reaching a diagnosis: How to reach at a diagnosis; Differential diagnosis; Clinical Assessment- Introduction to methods (specific for assessment and diagnostic Purpose) and diagnostic tools.			08	

Semester		V	
Course Title	CLINICAL PSYCHOLOGY (PRACTICAL)		
Course Code	PSYADSE01P	Credit	02

Course Outcome	Application of Positive Psychology approach in day – today life.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	04	Hours/week	04
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	To administer and interpret PANSS- Positive and Negative Syndrome Scale.			24	

Semester			V		
Course Title	HUMAN RESOURCE MANAGEMENT				
Course Code	PSYADSE02T	Credit	04		
Course Outcome	Students will understand various processes and issues inherent in organizations related to human resources.				
Scheme of Instruction					

Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Introduction to Human Resource Management (HRM): Personnelmanagement, HRM and HRD, Context and issues in HRM			06	
II	Human Resource Practices Job analysis; Recruitment and selection; Training; Performance evaluation.			12	
III	Performance appraisal & training a. Relevance of performance appraisal b. Performance appraisal methods: graphic rating scales, employee comparison methods, behavioural checklist and scales c. Errors and biases in performance appraisal d. Feedback of performance appraisal information to employees e. Training: steps in establishing a training			12	

	programme; methods and techniques of training; evaluation of training programmes.	
IV	Organizational change and development Organizational change: concepts, models (one model), techniques (one for individual and one for group), organizational development: concepts, models (one model), techniques (one for individual and one for group).	06

Semester		V			
Course Title	HUMAN RESOURCE MANAGEMENT (PRACTICAL)				
Course Code	PSYADSE02P	Credit	02		
Course Outcome	Application of various processes and issues inherent in organizations related to human resources.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	04	Hours/week	04
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					

Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	To assess the leadership quality by using Multifactor Leadership Questionnaire (Form 6S) developed by Avolio & Bass.			24	

Semester		VI			
Course Title	UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS				
Course Code	PSYACOR13T	Credit	04		
Course Outcome	Students will develop an understanding of the clinical picture and dynamics of psychological disorders.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					

Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Schizophrenia: Clinical Picture, causal factors and subtypes.			10	
II	Mood Disorders: Clinical Picture, causal factors and subtypes; suicide.			10	
III	Substance related disorder–Drugs and Alcohol			08	
IV	Sexual Disorders (Overview): Gender Identity Disorder, Paraphilia - Pedophilia, Voyeurism, Exhibitionism, Sexual Masochism, Sexual Sadism			08	

Semester		VI			
Course Title	UNDERSTANDING AND DEALING WITH PSYCHOLOGICAL DISORDERS (PRACTICAL)				
Course Code	PSYACOR13P	Credit	02		
Course Outcome	Application of therapeutic interventions for the various psychological disorders.				

Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Use of appropriate test to measure expressed emotion.			24	
II	Project on schizophrenia on Indian setup.			24	

Semester			VI		
Course Title	COUNSELLING PSYCHOLOGY				
Course Code	PSYACOR14T			Credit	04
Course Outcome	Students will develop an understanding of basic concepts, processes, techniques of Counselling.				

Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Introduction a) Meaning and goals b) Counselling as a profession: training, skills and ethics c) The effective counsellor: personality and self of the counsellor d) Counselling process and relationship			08	
II	Similarities and difference between counselling and psychotherapy, Counselling Skills: Micro and Macro skills in counselling			10	
III	Contemporary Trends a) Indian approaches: yoga and meditation b) Expressive techniques: art, music, dance			08	
IV	Counselling Applications: a) Child Counselling b) Family Counselling			10	

	c)Career Counselling	
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Semester		VI			
Course Title	COUNSELLING PSYCHOLOGY				
Course Code	PSYACOR14P	Credit	04		
Course Outcome	Application of the concept of counselling in practice.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	08	Hours/week	08
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content		Lecture Hour (Cumulative)		
I	Genogram or practical on mental health literacy.		24		
II	Psychoeducation		24		

Semester			VI		
Course Title	COMMUNITY & CROSS-CULTURAL PSYCHOLOGY				
Course Code	PSYADSE04T	Credit	04		
Course Outcome	Students will learn the link between individuals and communities and deal with social issues more effectively with people's participation.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Introduction: Definition & nature of community & cross cultural psychology; types of communities; models, Community mental health, Core values			10	
II	Health promotion & Intervention: process of community organization for health promotion, importance community development and empowerment.			10	

III	Culture: Culture as antecedents to behaviour, culture and self, structure of identity	10
IV	Interventions: Community development and empowerment.	08

Semester			VI		
Course Title	COMMUNITY & CROSS-CULTURAL PSYCHOLOGY (PRACTICAL)				
Course Code	PSYADSE04P	Credit	04		
Course Outcome	To learn the link between individuals and communities and deal with social issues more effectively with people's participation.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	04	Hours/week	04
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					

Units	Course Content	Lecture Hour (Cumulative)
I	Measurement of quality of life.	24

Semester		VI			
Course Title	DEVELOPMENTAL PSYCHOLOGY CONTEMPORARY APPROACHES				
Course Code	PSYADSE05T	Credit	04		
Course Outcome	Students will understand the role of culture in behavior and exploring psychological insights in the Indian thought traditions.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	06	Hours/week	06
Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	50	Internal	10	End Semester	40
Course Mapping					
Units	Course Content	Lecture Hour (Cumulative)			
I	Contemporary Approaches: Cognitive, Language and emotional development	10			

II	Development of Identity: Personality development, Gender and sexuality, Development of Self.	08
III	Issues and Challenges: Adolescence, Adulthood and Old-Age	06
IV	Developmental Disabilities and Interventions: a)Intellectual Disability, b)Learning Disability& Communication Disorders c)Autism Spectrum Disorders d) ADHD	12

Semester		VI			
Course Title	DEVELOPMENTAL PSYCHOLOGY CONTEMPORARY APPROACHES (PRACTICAL)				
Course Code	PSYADSE05P	Credit	02		
Course Outcome	Application of psychological approaches in day – together life.				
Scheme of Instruction					
Total Duration	6 Months	Class/Week	04	Hours/week	04

Instruction Mode	Classroom lectures and demonstration.				
Scheme of Examination					
Maximum Score	25	Internal	15	End Semester	10
Course Mapping					
Units	Course Content			Lecture Hour (Cumulative)	
I	Measurement of social maturity using Vinland Social Maturity Scale			24	